

ASOM 2025

TURNHOUT - 25, 26, 27/04/2025



GENERAL BULLETIN

VERSION 2 - 20/04/2025



ASOM

WELCOME TO ASOM 2025!

2025 is a very special year for Sprint Orienteering in Belgium. It is exactly 10 years ago we started with the first ASOM in Antwerp to improve the level of Sprint Orienteering in Belgium. Our main goal was to offer high quality sprints in a friendly atmosphere as well as to attract the world's best orienteers to join ASOM and to bring the spectacle of our sport to the spectators.

In 2025 we have a culmination point of this goal: the **European Sprint Orienteering Championships** will be held in Hasselt at the end of August. We are very proud that this event is a product of our ASOM organisations and our fantastic ASOM team is the driving force behind these European champs. Together with volunteers from all Belgian clubs from Orienteering Vlaanderen & FRSO we are preparing an incredible orienteering week.

We offer **spectator races** during these championships where you can race in similar surroundings as the world's best and watch these top athletes race in exciting sprint formats. Check out www.eoc2025.be/tour and we might see you again this summer!

But first ASOM in Turnhout! We are so happy to see so many orienteers from all over the world once again at ASOM. Grateful for all the 'every year' ASOM participants as well as excited to see many new names as well. We've made sure to show all the best parts this city has to offer and we are certain you will enjoy the upcoming challenges at all races.

The **Elite runners** have 2 World Ranking Events on the program! On Friday and Saturday is the Knock-Out Sprint and on Sunday is the Sprint. Make sure to cheer for your favorite orienteers as the Elite start list is filled with some of the best orienteers in the world!

ENJOY your time in Turnhout and see you soon!

Jeremy Genar
ASOM & EOC2025 Event Director



WELCOME



word **TURNHOUT** 2025

3

ASOM 2025

ALL INFO IN SHORT



WHEN ARE THE RACES?

FRIDAY 25/4

17h30 First start Knock Out Qualification (Elites)
18h30 First start Prologue (All other categories)

SATURDAY 26/4

12h30 ELITES First start Knock Out Quarter Final
14h00 First start ASOM Sprint 1
15h45 ELITES First start Knock Out Semi Final
16h45 ELITES First start Knock Out Final
17h45 First start ASOM Sprint 2

SUNDAY 27/4

10h00 First start ASOM City Race
10h00 ELITES First start WRE Sprint

WHERE IS THE COMPETITION CENTER?

FRIDAY

KFC Turnhout, Parklaan 50, 2300 Turnhout.

Parking: **Parking Papenbruggestraat**.

This is a big, free of charge, parking lot, 500m from the competition center for Friday.

SATURDAY & SUNDAY

Heilig Graf Turnhout, Baron Frans du Fourstraat 15, 2300 Turnhout.

Parking: **Indigo Parking Turnova** is right in front of the Competition Center (€12 / day).

Maximum height of cars in the underground parking = 2m20.

[Overview map](#)

WHERE CAN I FIND THE START LIST?

www.helga-o.com/start or www.asom.be

WHERE CAN I FIND THE RESULTS?

www.helga-o.com/webres or www.asom.be

WHERE DO I COLLECT THE BIBS?

They can be collected at the registration desk on Friday, Saturday and Sunday. You get 1 bib for all the races during the weekend.

WHERE DO I COLLECT MY ASOM SHIRT?

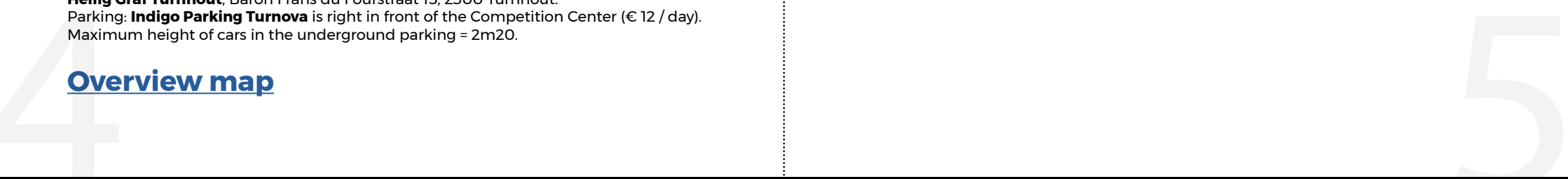
You get the shirt when you collect your number bib.

ARE THERE ANY FOOD AND DRINKS

There will be a variety of drinks at the competition centers (soft drinks, water, coffee, tea, beer, ...) and also a collection of food:

- Saturday: Cake, Sandwiches and Hotdogs
- Sunday: Cake, Sandwiches and Hotdogs

We will sell Drink & Food tickets at the registration desk





ASOM 2025

PROGRAM

FRIDAY APRIL 25

- 15h30 Event office opens
- 16h30 Opening KO Sprint Quarantine
- 17h15 Closing KO Sprint Quarantine
- 17h30 First Start KO Sprint Qualification
- 18h30 First Start ASOM Prologue

SATURDAY APRIL 26

- 10h30 Event office opens
- 12h15 Closing of Quarantine Quarter Final (Elites)
- 12h30 Knock Out Sprint Quarter Finals (Elites)
 - 14h00 First start ASOM Sprint 1
- 15h45 Knock Out Sprint Semi Finals (Elites)
- 16h45 Knock Out Sprint Final (Elites)
 - 17h45 First start ASOM Sprint 2

SUNDAY APRIL 27

- 08h00 Event office opens
- 08h00 Opening Quarantine (Elites)
 - 10h00 First start City Race
- 10h00 Closing Quarantine (Elites)
- 10h00 First start WRE Sprint (Elites)
- 12h15 Last start WRE Sprint (Elites)
- 13h00 Prize-giving ceremony





CONTACT INFORMATION

ORGANISATION

Contact:

ASOM Event Director

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ASOM Event Office

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IOF Event Adviser

Gilles de Neyer
+32 493 56 52 72

Website:

www.asom.be

Bank details:

KONO BV - EOC2025
BE87 7330 6722 7494
Bank: KBC
BIC: KREDBEBB

ASOM TEAM

Admin - **Anneleen Aerts**
Quarantine - **Bob de Clercq**
Start - **Jelle Bakelants**
Courses - **Jeremy Genar**
Mapper - **Peter Bleyens**
Logistics - **Adriaan Pelckmans**
Timing - **Joris Kint**
IT - **Bert van Rillaer**
Bar - **Julie Genar**



ASOM 2025





1 Competition Center Friday

KFC Turnhout

Parklaan 50, 2300 Turnhout.

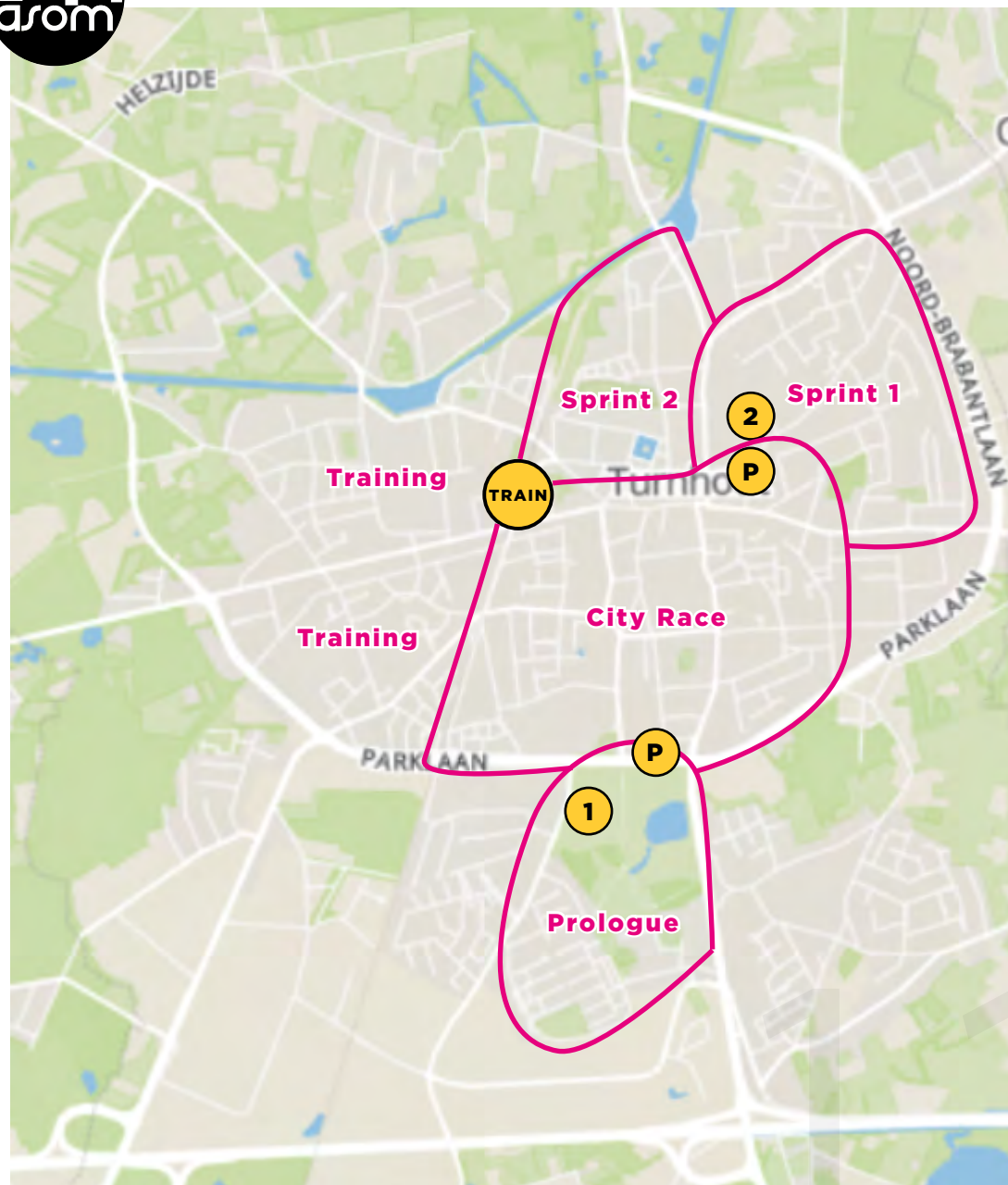
Parking Papenbruggestraat

2 Competition Center Saturday & Sunday

Heilig Graf Turnhout

Baron Frans du Fourstraat 15, 2300 Turnhout.

Parking Indigo Turnova



KNOCK OUT SPRINT WRE

M/W ELITE ONLY

FRIDAY 17:30 - 18:30

SATURDAY 12:30 - 17:15

The Knock-Out Sprint WRE is spread over 2 days. On Friday evening there is the individual qualification race and on Saturday there are the Knock-Out races with mass starts. In this format there are mass starts of 6 runners, the first ones at the finish go through to the next round.

On Friday at 17h30 they start with an individual qualification race (3 heats). The race continues on Saturday at 12h30 with the Quarter Finals, at 15h45 the Semi Finals and at 16h45 the final race with the 6 best men and 6 best women.

The finish of all races is at the arena.

Quarantine

There is a quarantine for all runners in the Elite category
Friday - Check in from 16:30 to 17:15 - School Campos, Parklaan 52, 2300 Turnhout.
Saturday - Quarantine in the Event Center

Knocked Out or didn't qualify?

Don't worry if you get knocked out in the qualification, Quarter Final or Semi Final - you can join the 'normal' ASOM Sprints as we have an Elite Course for the knocked out elites. All elites will receive a starttime for the normal ASOM races.

YOU CAN NOT RUN the 'normal' ASOM races if you are still qualified for the next Knock Out race!

(you will, however, be able to pick up an Elite map at the event office). All Elites can run the Sprint 2 of ASOM at their designated starttime as this race takes place after the KO Final.

Map info

Map: Turnhout Stadspark & Blijkhoef
Scale: 1/4.000
Contour interval: 2m
Edition: April 2025
Map is ISSPrOM2019-2
Course Setter: Jeremy Genar
Mapper: Peter Bleyens

Quarter Final Heat selection

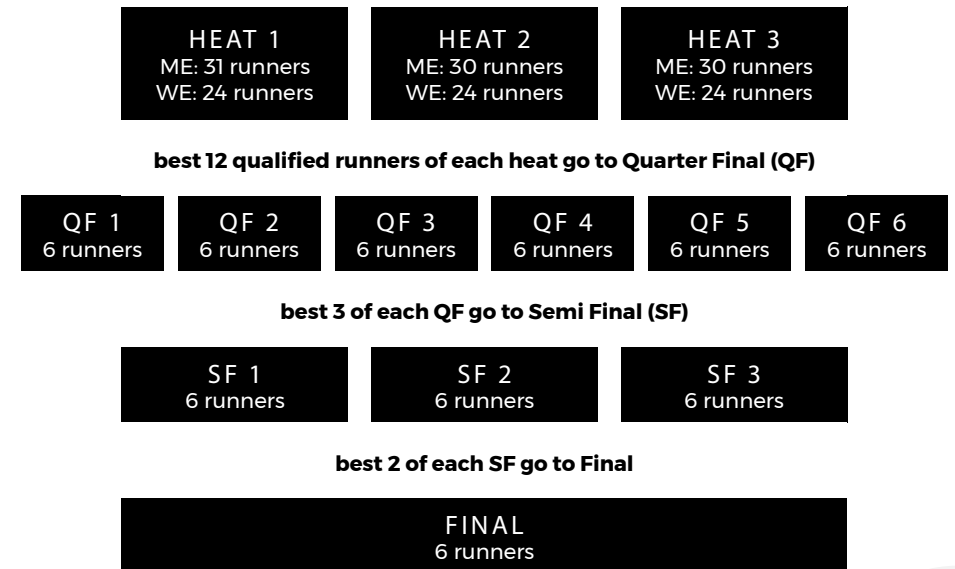
After the qualification race on Friday, there will be a heat selection, meaning qualified runners will be responsible for choosing their quarter-final heat.

The order in which the qualified runners can choose is the following:

The 2nd place of Heat 1 (2H1) can choose first, after that the second of heat 2 (2H2) and 2H3. Then the winners of the qualification choose their Quarter Final Heat in this order: 1H1, 1H2, 1H3. For all other qualified runners (7 - 36), choose in this order: 3H3, 3H2, 3H1, ..., 12H2, 12H1).

The heat selection takes place on Friday 25/4 at 19h30 near the finishline. If a qualified runner is not present, they will be allocated to a certain heat by the organiser at the end of the heat selection after all present athletes have chosen a heat.

SCHEME



KNOCK OUT SPRINT

M/W ELITE ONLY

KO QUALIFICATION

FRIDAY 25 APRIL AT 17:30

3 Heats

The qualification for the Knock Out Sprint races will be held in 3 different heats. Every minute 1 runner from every heat starts, so 3 runners will start every minute on 3 different courses.

At 17h30 the first men start and at 18h10 the first women start. The highest ranked runners start the earliest.

The best 12 runners of each heat go through to the next round (which is the quarter final on Saturday)

Quarantine

There is a quarantine at the school Campos (Parklaan 52). Quarantine opens at 16h30 and closes at 17h15. Number bibs & shirt should be picked up at the Competition Center at the athletics track. From athletics track, it is 100m to enter the quarantine.

All runners in Elite should be in quarantine by 17h15.

Distances

Competition Center to Quarantine - 150m

Finish to competition center - 0m

Quarantine to Start - 500m

Start Times

The start times are published at www.helga-o.com/start

BIB numbers

All Knock Out Races will be run with your overall ASOM BIB number.

! Separate control descriptions available at the start (and printed on the map).

MEN QUALIFICATION		
HEAT 1	HEAT 2	HEAT 3
3450m - 18c	3390m - 17c	3460m - 19c

WOMEN QUALIFICATION		
HEAT 1	HEAT 2	HEAT 3
2840m - 15c	2770m - 14c	2870m - 18c

KO QUARTER FINAL

SATURDAY 26 APRIL AT 12:30

3 fastest to the finish win!

There are 6 heats with 6 runners in both women and men so 36 runners per category. In every heat all 6 runners start together and the 3 first at the finish go to the next round.

Same course

There is no runners' choice in this race. All runners have the same course.

Distances

Competition Centre to Start - 10min

Finish = Competition centre

Start Times and heats will be published at <http://helga-o.com/start/>

! Separate control descriptions available at the start (and printed on the map).

KO QUARTER FINAL	
MEN	WOMEN
2230m - 12c	2230M - 12c

START TIMES KO QUARTER FINAL	
MEN	WOMEN
QF1 : 12h30	QF1 : 13h05
QF2 : 12h35	QF2 : 13h10
QF3 : 12h40	QF3 : 13h15
QF4 : 12h45	QF4 : 13h20
QF5 : 12h50	QF5 : 13h25
QF6 : 12h55	QF6 : 13h30

KO SEMI FINAL

SATURDAY 26 APRIL AT 15:45

2 fastest to the finish win!

There are 3 heats with 6 runners in both women and men so 18 runners per category.
In every heat all 6 runners start together and the 2 first at the finish go to the next round.

! There will be no forking during the semi final race.

Quarantine at the event center

There will be a Warm-up zone where all KO runners have to stay until they start the race.
Please check in in the quarantine no later than 15h15.

Distances

Quarantine to Start = **Call up** (at quarantine) **at -6 min**
Finish = Competition centre

Start times

Start times and heats will be published at the event centre as soon as possible after the last Quarter Final.

! Separate control descriptions available at the start (and printed on the map).

KO SEMI FINAL	
MEN	WOMEN
2160m - 10c	2160m - 10c

START TIMES KO SEMI FINAL	
MEN	WOMEN
SF1 : 15h45	SF1 : 16h04
SF2 : 15h51	SF2 : 16h11
SF3 : 15h58	SF3 : 16h17

KO FINAL

SATURDAY 26 APRIL AT 16:45

The Final race is a race with the 6 best Knock Out runners. The first to the finish wins the day!

! There will be no forking during the final race.

Distances

Start = Competition centre
Finish = Competition centre

Quarantine at the event center

There will be a Warm-up zone where all KO finalists have to stay in until they start the race (same quarantine area as the Semi Final).
Please check in in the quarantine between 16h10 and 16h30.

Start times

Start times and heats will be published at the event centre as soon as possible after the last Semi Final.

! Separate control descriptions available at the start (and printed on the map).

KO FINAL	
MEN	WOMEN
2230m - 11c	2230m - 11c

START TIMES KO FINAL	
MEN	WOMEN
16h45	17h00

PROLOGUE :

STADSPARK & BLIJKHOEF

ASOM CLASSES

FRIDAY 25 APRIL AT 18:30

Race details

Map: Turnhout Stadspark & Blijkhoeft
 Scale: 1/4.000
 Contour interval: 2m
 Map is ISSprOM2019-2
 Course Setter: Jeremy Genar
 Mapper: Peter Bleyens

Distances

Competition center to start: 500m
 Finish to competition center: 0m

Terrain

On Friday evening the race will be held in the city park of Turnhout and a residential area next to the park. Expect to have a 80% grass & 20% paved area during your course.

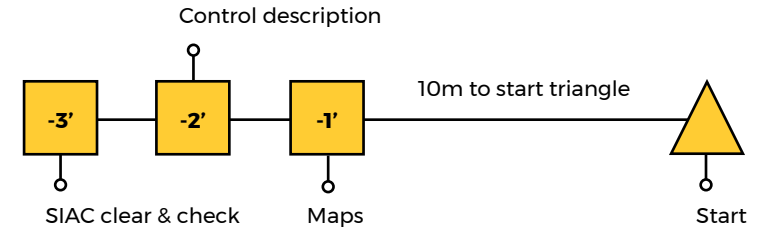
! Separate control descriptions will be available at the start (they will also be printed on the map).

Start times

Available at www.helga-o.com/start
 The sun sets at 20h54.

! M / W Children -12 can choose their start time between 18:30 & 20:00

START PROCEDURE



COURSE	CATEGORY	DISTANCE	CONTROLS
1	M ELITE	N/A	N/A
2	W ELITE	N/A	N/A
3	M OPEN	3840	24
4	M VET 40+ M JUNIOR -20	3730	24
5	M SUPERVET 55+ W OPEN	3360	24
6	W VET 40+	3310	24
7	M ULTRAVET 65+ W JUNIOR -20	3250	24
8	M YOUTH -16 W SUPERVET 55+	2780	16
9	W YOUTH -16 W ULTRAVET 65+	2610	17
10	M/W HYPERVET 75+	2520	15
11	M/W CHILDREN -12	1810	15

SPRINT 1 : EAST

ASOM CLASSES

SATURDAY 26 APRIL AT 14:00

Race details

Map: Turnhout East
 Scale: 1/4.000
 Contour interval: 2m
 Map is ISSprOM2019-2
 Course Setter: Jeremy Genar
 Mapper: Peter Bleyens

Distances

Competition center to start: 1000m
 Finish to competition center: 0m

Terrain

The race area for Sprint 1 is the eastern part of Turnhout. There are many schools in this area as well as some residential zones. You can expect some technical orienteering and long distance routechoices.

Safety

Even though the race area has a very low volume of car traffic, cars might occur on the roads! Please be careful.

! Separate control descriptions will be available at the start (they will also be printed on the map).

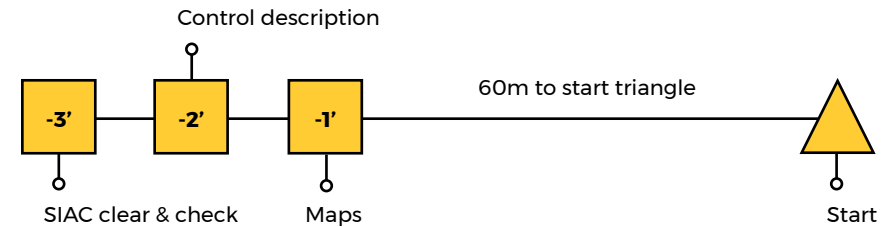
! only ELITE runners who are knocked out in the Qualification are allowed to run this race and start at their designated starttime.

Start times

Available at www.helga-o.com/start

! M / W Children -12 can choose their start time between 14:00 & 15:15

START PROCEDURE



COURSE	CATEGORY	DISTANCE	CONTROLS
1	M ELITE	4430	19
2	W ELITE	3700	18
3	M OPEN	4040	20
4	M VET 40+ M JUNIOR -20	3740	15
5	M SUPERVET 55+ W OPEN	3610	18
6	W VET 40+	3140	14
7	M ULTRAVET 65+ W JUNIOR -20	3070	15
8	M YOUTH -16 W SUPERVET 55+	3020	14
9	W YOUTH -16 W ULTRAVET 65+	2770	11
10	M/W HYPERVET 75+	2610	15
11	M/W CHILDREN -12	1870	16

SPRINT 2 : HET KASTEEL

ASOM CLASSES

SATURDAY 26 APRIL AT 17:45

Race details

Map: Turnhout - Het Kasteel
Scale: 1/4.000
Contour interval: 2m
Map is ISSprOM2019-2
Course Setter: Jeremy Genar
Mapper: Peter Bleyens

Distances

Competition center to start: 300m
Finish to competition center: 0m

Terrain

The courses for the second sprint of the day will go through the center of Turnhout. You can expect fantastic landmarks in Turnhout: the Castle, Beguinage, Paterspand, The races will have nice long and short route choices as well as some technical parts where detailed map reading is required!

! Separate control descriptions will be available at the start (they will also be printed on the map).

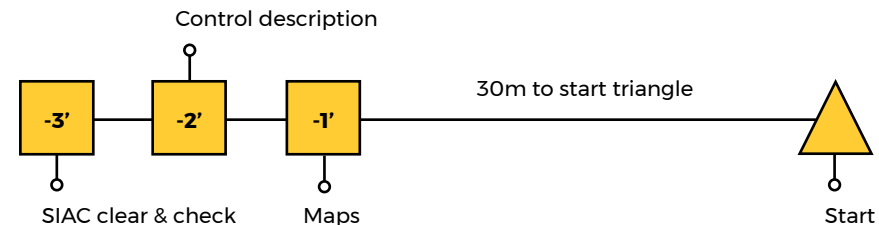
! all ELITE runners are allowed to run this race and start at their designated start time.

Start times

Available at www.helga-o.com/start

! M / W Children -12 can choose their start time between 17:45 & 19:00

START PROCEDURE



COURSE	CATEGORY	DISTANCE	CONTROLS
1	M ELITE	4290	23
2	W ELITE	3710	20
3	M OPEN	3940	22
4	M VET 40+ M JUNIOR -20	3740	21
5	M SUPERVET 55+ W OPEN	3320	19
6	W VET 40+	3190	19
7	M ULTRAVET 65+ W JUNIOR -20	2970	15
8	M YOUTH -16 W SUPERVET 55+	2930	18
9	W YOUTH -16 W ULTRAVET 65+	2830	16
10	M/W HYPERVET 75+	2755	15
11	M/W CHILDREN -12	2390	20

SPRINT WRE

ELITE WORLD RANKING EVENT

SUNDAY 27 APRIL AT 10:00

On Sunday the Elites run a Sprint World Ranking Event. The first runners start at around 10h00 with the best ranked runner starting at 12h15 (Men) and 11h45 (Women). That means it will be exciting till the very end and hopefully a lot of spectators will be cheering on these world class athletes!

Race details

Map: Turnhout South
Scale: 1/4.000
Contour interval: 2m
Edition: April 2025
Map is ISSprOM2019-2
Course Setter: Jeremy Genar
Mapper: Peter Bleyens

Distances

Competition center to quarantine: 0m
The call up for the prestart for Elite runners is at the quarantine. The call up is at **-12min**. This means you have 9 minutes to get from quarantine to start and enter the normal start setup of -3' (SIAC check), -2 (Control descriptions) and -1 (Map). It takes between 4 and 6 minutes at easy running speed to reach the start from quarantine.

! Start times are available at <http://helga-o.com/start/>

! Note that there is a quarantine area for ELITES. They can come to the finish area and drop some things. But they have to leave the finish area at 10h00. The quarantine is right next to the Finish zone.

ELITE WRE	
MEN	WOMEN
4400m - 17c	3570m - 18c



TURNHOUT CITY RACE

ASOM CLASSES

SUNDAY 27 APRIL AT 10:00

Race details

Map: Turnhout Zuid
 Scale: 1/4.000
 Contour interval: 2m
 Edition: April 2025
 Map is ISSPrOM2019-2
 Course Setter: Jeremy Genar
 Mapper: Peter Bleyens

Distances

Competition centre to Start : 1000m
 Finish to competition centre : 0m

Start Times

Start times are available at <http://helga-o.com/start/>

Terrain

The courses take place in the city center of Turnhout. There are many parks, schools, a hospital and all kinds of fantastic places Turnhout has to offer.
 Road running shoes are the best option as 90% of the race is asphalt.

Safety

Please be careful as there will be car traffic during the race. The road code also applies to runners participating at ASOM!
 We placed stewards at the most crowded places, please follow their instructions.

Maps

We will not hold the maps at the finish. We trust your fair-play to not show a map to a runner who is yet to start.

Day Entry - TURNHOUT CITY RUN

There is a Day Course for those who didn't pre-register.
 It costs € 18 to enter for this race and it is suitable for beginner orienteers.
 Day entry can be done at the registration desk at the competition or via www.turnhoutcityrun.be.
 This race is 6km in running distance.

COURSE	CATEGORY	DISTANCE	CONTROLS
1	M ELITE	4400	17
2	W ELITE	3570	18
3	M OPEN	9910	43
4	M VET 40+ M JUNIOR -20	9540	42
5	M SUPERVET 55+ W OPEN	8700	34
6	W VET 40+	7590	34
7	M ULTRAVET 65+ W JUNIOR -20	7620	34
8	M YOUTH -16 W SUPERVET 55+	6540	27
9	W YOUTH -16 W ULTRAVET 65+	5460	25
10	M/W HYPERVET 75+	3990	19
11	M/W CHILDREN -12	2400	18
12	TURNHOUT CITY RUN (Day entry)	6000	28



SPECIAL MAPPING SYMBOLS

During the weekend on all maps some special symbols will be used:



Symbol 531 : Prominent man made feature will be used fo special man made objects.

This is mainly for playground features. Our partner KENIS offers a car that can serve as a location for the last control. This 'special object' will also be marked with symbol 531. The control and the car will be clearly visible in the terrain.



Symbol 530: Prominent man made feature is used for prominent benches on all maps

In an area with many benches no bench will be drawn.

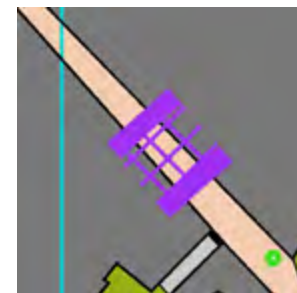


Symbol 526 : cairn, memorial or small monument is used for statues or prominent art objects.

ARTIFICIAL FENCES

During the weekend artificial fences might be used to make some courses and route choices more interesting. These fences will be used for ALL categories. At an artificial fence there will be a stewards with a fluo yellow jacket. He or she will be standing in the middle of the fence of the map. You are NOT ALLOWED to cross this symbol on the map (or the steward in reality). Doing this will lead to disqualification.

Running up to the steward, but realising your mistake and turning back is permitted.



PUNCHING SYSTEM



SPORTident AIR+ will be used for all competitions.

This means that contact free punching is possible with a SIAC.

All runners are responsible for a charged battery of their own SIAC. Check www.sportident.com/siacservice to see how your SPORTident is doing considering the battery. SPORTident advises that all SIAC's older than 3 years replace the battery to be safe.

FINISH

At the finish there will be a finish control in beacon mode (this means you do not have to punch the control with a SIAC).

EVENT OFFICE

A bag with all your information (bib number, T-shirt...) will be available at the event office at all events. Here you can ask all your questions to our wonderful crew and they will help you out! Also ELITE runners should pick up their bag at the event center on Friday before entering the quarantine!

BIB NUMBERS

The number bibs, provided by the organization, are obligatory to wear on the chest during the race.

OFFICIAL TAPE

In some cases we will use tape to protect vegetation or fix holes in a wall or in a fence so it matches the map. The official ASOM tape looks like the example above and you can expect anything official taped with this white / orange / black tape with the word ORIENTEERING on it.



SERVICES

There will be **toilets** at all the competition centres and quarantines. There won't be toilets at the start!

On Friday, Saturday and Sunday there will be **refreshments** at the finish.

The bar at the competition centre will serve a variety of drinks and snacks. On Saturday there will be cake, sandwiches and hotdogs

On Sunday we will serve sandwiches, hotdogs and cake!

To help our bar crew we will work with drink and food tickets. Tickets can be bought at the event office, they can be used all weekend



QUARANTINE RULES (FOR ELITES)

Once the quarantine zone is entered, athletes and team officials must follow the following rules:

- !! Mobile phones and other communication devices are turned off and kept in bags at all times. (random checks may occur).
- !! No laptops, tablets, e-book readers, gaming consoles or other internet-capable devices are permitted. Music players without any built-in connectivity are allowed.
- !! Athletes and team official may wear GPS-enabled devices (such as sport watches), provided that they are not used for communication nor navigation.
- !! All electronic devices, except watches, are forbidden in toilets or any other zones in the quarantine area.
- !! Athletes with headphones may be randomly asked to show their music players to make sure they have no communication options.
- !! It is not allowed to use any maps of the ocmpetition areas after entering the quarantine, except for the warm-up map provided by the organisation.
- !! Athletes are not allowed to communicate with any other person outside the quarantine.

Violating the quarantine rules will result in **immediate disqualification** if the athlete is:

- !! Looking at a map of the competition area
- !! Looking at the live results of the race
- !! Using any messaging or communication app.

ASK OUR FANTASTIC QUARANTINE STAFF IF YOU HAVE ANY ISSUES!

SAFETY

Every participant is responsible for his own safety during the competition. The courses cross several roads with some traffic. Please, be very careful when crossing roads! At some road crossings there will be ASOM stewards guiding the traffic. The runners are obligated to follow the officials instructions!

ABANDONING THE RACE

In case of abandoning the race, the competitor must immediately go to the finish area to read-out his/her SPORTident!

ENTRIES

We have entries from more than 700 people from 27 different countries! In the ELITE classes we have 94 runners in the mens' class and 72 in the womens' class.



COMPLAINTS

A complaint must be made in writing as soon as possible and given to the Event Office. A complaint form from ASOM should be used: these are available at the Event Office. Complaints should be handed in no later than 15 minutes after the publication of the final results.

The organisation can make a decision about the complaint. A protest may be made against the organisers decision. The protest must be written and has to be handed in at the Event Office no later than 15 minutes after the decision about the complaint. A protest fee of € 25 shall be paid together with the protest. The fee will be returned if the protest is accepted by the jury.

JURY

The jury for the ASOM weekend will consist of the following members:

Troels Christiansen - DEN
Linda Verbraken - BEL
Oystein Kvaal Osterbo - NOR

IOF EVENT ADVISOR FOR WRE

Gilles De Neyer - BEL is the IOF Event Advisor for the World Ranking Events at ASOM.

TRANSPORT

There are several airports in Belgium which can be used to get to Turnhout. Brussels Airport is the biggest airport and is the most convenient. The airport of Eindhoven (the Netherlands) is also very close.

Turnhout can easily (and cheaply) be reached by train from all big cities in Belgium. www.belgiantrain.be for more information.

All the races are very close to each other (2 competition centers only 2km apart). Please consider using public transport to reach the competition centers and visit Turnhout on foot.

WEATHER

The weather looks quite stable for the ASOM weekend. On Saturday 19/4/2025 there is no forecast of rain, it will be partly cloudy and temperature looks to be around 15-17°C.

Look after each other and stay hydrated before, between and after the races!

TSHIRT

Time to shine in your new ASOM shirt! Everybody who runs both Saturday and Sunday gets one.

We have cleared our stock from the last 8 (!) ASOMs. We will take all shirts from ASOM2015 - ASOM2024 and will sell them at the event office on Saturday and Sunday. The shirts will be sold for €5 each.



RESULTS & PRIZES

In all classes there will be prizes for the top three, offered by our sponsor Runners' lab, considering the overall ranking (in all three ASOM 2025 competitions: Saturday and Sunday).

There is no overall ranking for elites but there will be a podium at all stages (Knock Out Sprint WRE & Sprint WRE) with prize money.

	KNOCK OUT SPRINT WRE	SPRINT WRE
1ST PLACE	€ 250	€ 250
2ND PLACE	€ 125	€ 125
3RD PLACE	€ 75	€ 75
4TH PLACE	€ 50	
5TH PLACE	€ 25	
6TH PLACE	€ 25	

TRAINING

There is an official EOC Training camp the 3 days following ASOM.

With trainings in Turnhout, Arendonk, Mol, Herentals and Herenthout, this training camp visits some great places in the region and gets the runners very relevant orienteering training for the European Champs.

All information about the training camp can be found in this [training camp bulletin](#).

Not an elite runner? Don't worry, these training are open for everyone. Please send an email to Simon at training@eoc2025.be if you want to join any of these trainings!



PODIUM ASOM

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PARTNERS



2025

